



SATURDAY, FEB. 25
10 A.M. - 1 P.M.
GREENSBURG ELEM.

Day of Dance, encourages the community to get up & move to promote heart health.

 you're only given one.
don't waste it.

Numerous educational booths on heart health including Deep Vein Thrombosis, PAD, Atrial Fibrillation, Diabetes, Stroke & more...

FREE HEALTH SCREENINGS include; Alpha 1 Antitrypsin Deficiency, BMI-Body Mass Index, Oral Health, Neuropathy, Cholesterol, Blood Pressure, Vision, & Glucose.

Numerous interactive dance demonstrations, a bounce house for the kids to enjoy & healthy boxed brunches for the first 400 attendees!

Youth sign-ups will also take place for Greensburg Youth Baseball, Decatur County Girls Softball, Decatur County Youth Soccer & more! Also, be there as the Hospital Foundation promotes heart healthy recipes from their premier edition cookbook!

For more information: Call (812) 663-1325

Listen to WTRE for possible cancellation due to weather.

www.dcmh.net/spirit

Spirit of
Women
at Decatur County Memorial Hospital

Day of
Dance
FOR YOUR HEALTH



Decatur County
Memorial Hospital
The Quality Care You Want. Close By.